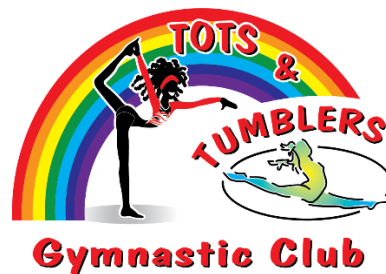


We Flippin'
2023



WE FLIPPIN' 2023 - MEET DIRECTIVES

Dates: Saturday 25th March & Sunday 26th March 2023

Venue: Woodbrook Youth Facility, Hamilton Holder Street, Trinidad

Competitive Levels: USAG WAG Levels 1 – 10 & TTGF Pre-Competitive

Contact Information: Michelle Frankland +1 868 684 8954 or Annette Telfer - + 1 868 357 0920

Website: www.totsandtumblers.com

Email: we.flippin@gmail.com

Individual Meet Fees: TT\$400 TTGF Members; US\$100 Foreign Gymnasts. Fees are transferable, up to the competition entry deadline, but are non-refundable.

Entry Deadline: Saturday 4th March 2023

Clubs may enter as many gymnasts as they would like. Please submit one cheque, bank transfer or cash per club – no individual cheques please. Foreign-based gymnasts can arrange either a bank transfer prior to arrival (please request our banking details) or pay US\$ cash, before competition, at the meet venue.

Meet Sanction: This event is sanctioned by the Trinidad & Tobago Gymnastics Federation and is a TTGF Point-System and TTGF National Championships qualifying event.

Judges: Foreign-based USAG Judges officiate throughout the event.

Athlete Age: An athlete's age will be determined as at 31st December 2023.

Competitive Categories: Within each level, gymnasts are sorted in age from youngest to oldest. Gymnasts are then divided into groups of equal numbers and compete within these groups. The number of groups within each level will depend on the number of entries for each specific level. We aim not to exceed 15 gymnasts within a competitive group and wherever possible, gymnasts within each group will not exceed 2 years age difference.

Individual Awards: Within each competitive group – *Ties are broken as per USAG Rules & Policies

Apparatus – Ribbons for places 4th – 6th // Medals for 1st – 3rd

All-Around – 100% All Around Medals // Trophies for 1st – 3rd

Gift Bag & Participation Certificate for All Athletes

Tots & Tumblers Gymnastic Club
31 Dundonald Street, Port of Spain, Trinidad, West Indies
Tel: (1 868) 610 9975 Cell: (1 868) 684 8954 or (1 868) 357 0920
Website: www.totsandtumblers.com Email: we.flippin@gmail.com

Tots & Tumblers' Special Award: Our trademark "Best in Level" special award is given to the gymnast with the highest All-Around score within each level, regardless of age.

Rules: As per TTGF, and where applicable, USAG Rules & Policies are used for guidance.

Apparatus: AAI, Spieth Anderson

Attire: Athletes must be properly attired for gymnastic competition, with hair properly secured. Coaches must be properly attired (no denim jeans or shorts; no vests or spaghetti straps). Athletic footwear must be worn on the competition floor. No hats or sunglasses are permitted.

Video Recording & Photography: Coaches and / or athletes are not permitted to photograph or take video recording of another club's athletes. Official photography will be arranged by the host club. Images will be available for purchase from the official photographer after the event. Individual clubs are not permitted to invite their own photographers onto the competition floor. Flash photography is not permitted at the meet venue during competition.

Media: Local media houses will be invited to provide coverage of the event. Links to reports and coverage will be posted on our Facebook, Instagram & web page whenever possible.

International Travel: Individual participants are responsible for covering all international travel costs. Destination Airport – Piarco International Airport (POS).

Airport & Venue Transfers: Airport and competition venue transfers are available, upon request, at a cost of US\$45 per person. If you prefer to arrange your own ground transport, we'll be happy to provide you with reliable transport options.

Accommodation: Host Hotel – Details to follow

Proposed Schedule of Events (SUBJECT TO CHANGE!)

Friday 20th March

P.M. – Training sessions available upon request for foreign-based teams & individuals

Saturday 25th March

9:00 a.m. – Levels 1 & 2

11:30 a.m. – Pre Com

2:30 p.m. – Levels 3 – 10

Sunday 26th March

Will be used as required depending on entries received.

Final Schedule of Events will be published on Friday 10th March

Venue Admission Prices:

Adults: TT\$45 or US\$5

Children under 12: TT\$25 or US\$3

VIP: TT\$60 per day or US\$8

Venue Refreshments: Food and drink at the venue can be purchased from our fully stocked cafeteria throughout the course of the event. The cafeteria will accept both TT\$ and US\$ at an exchange rate of TT\$7 to US\$1.

Emergency Medical Assistance: An ambulance service will be on site throughout the event. All foreign-based gymnasts are required to have their own international medical insurance. The host club and affiliated personnel are not responsible for any medical expenses that may occur through accident or injury sustained during the event or at the meet venue.

Event Software: The event utilizes ProScore software, and scores are displayed in real time on electronic scoreboards in the competition arena. Scores are published as soon as possible following the end of the event on www.meetscoresonline.com

Optional Floor Music: Floor music must be provided to the Meet Director, in MP3 format on a USB drive upon arrival at the competition venue. The file must contain the gymnast's name, level and current year e.g. Jane Doe Level 6 2020. Alternatively, the music can be emailed, in MP3 format before the event to we.flippin@gmail.com.

Other Matters: Matters arising which are not detailed within these directives will be handled by the host club and organizing committee as required. Details and information contained within these Meet Directives are subject to change as necessary.