

WE FLIPPIN' 2020 - MEET DIRECTIVES

Dates: Saturday 21st March & Sunday 22nd March 2020

Venue: Woodbrook Youth Facility, Hamilton Holder Street, Trinidad

Competitive Levels: USAG WAG Levels 1 – 10 & TTGF Pre-Competitive; USAG XCEL Silver & Bronze

Contact Information: Annette Telfer - + 1 868 357 0920 or Michelle Frankland +1 868 684 8954

Website: www.totsandtumblers.com

Email: totsandtumblersgym@gmail.com

Individual Meet Fees: TT\$350 TTGF Members; US\$100 Foreign Gymnasts. Fees are transferable, up to the competition entry deadline, but are non-refundable.

Entry Deadline: 2nd March 2020

Clubs may enter as many gymnasts as they would like. Please submit one cheque, bank transfer or cash per club – no individual cheques please. Foreign-based gymnasts can arrange either a bank transfer prior to arrival (please request our banking details) or pay US\$ cash, before competition, at the meet venue.

Meet Sanction: This event is sanctioned by the Trinidad & Tobago Gymnastics Federation and is a TTGF National Championships qualifying event.

Judges: Foreign-based USAG Judges officiate throughout the event.

Athlete Age: An athlete's age will be determined as at 31st December 2020.

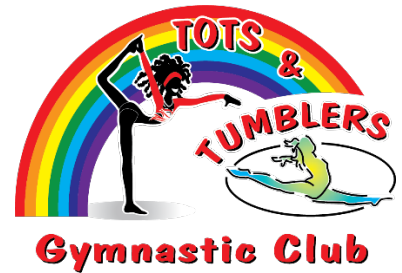
Competitive Categories: Within each level, gymnasts are sorted in age from youngest to oldest. Gymnasts are then divided into groups of equal numbers and compete within these groups. The number of groups within each level will depend on the number of entries for each specific level. We aim not to exceed 15 gymnasts within a competitive group and wherever possible, gymnasts within each group will not exceed 2 years age difference.

Individual Awards: Within each competitive group – *Ties are broken as per USAG Rules & Policies

Apparatus – Ribbons for places 4th – 6th // Medals for 1st – 3rd

All-Around – 100% All Around Medals // Trophies for 1st – 3rd

Gift Bag & Participation Certificate for All Athletes



Special Award: Our trademark “Best in Level” special award is given to the gymnast with the highest All-Around score within each level, regardless of age.

Rules: As per TTGF, and where applicable, USAG Rules & Policies are used for guidance.

Apparatus: AAI, Speith Anderson

Attire: Athletes must be properly attired for gymnastic competition, with hair properly secured. Coaches must be properly attired (no denim jeans or shorts; no vests or spaghetti straps) and have appropriate, athletic footwear. No hats or sunglasses are permitted on the competition floor.

Video Recording & Photography: Coaches and / or athletes are not permitted to photograph or take video recording of another club’s athletes. Official photography will be arranged by the host club. Images will be available for purchase from the official photographer after the event. Individual clubs are not permitted to invite their own photographers onto the competition floor. Flash photography is not permitted at the meet venue during competition.

Media: Local media houses will be invited to provide coverage of the event. Links to reports and coverage will be posted on our Facebook, Instagram & web page whenever possible.

International Travel: Individual participants are responsible for covering all international travel costs. Destination Airport – Piarco International Airport (POS).

Airport & Venue Transfers: Airport and competition venue transfers are available, upon request, at a cost of US\$40 per person. If you prefer to arrange your own ground transport, we’ll be happy to provide you with reliable transport options.

Accommodation: Host Hotel – Courtyard by Marriott - <https://www.marriott.com/hotels/travel/poscy-courtyard-port-of-spain/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2>

These special group rates are inclusive of taxes, buffet breakfast and high speed internet.

Rates are quoted in US\$ and are *per person, per night* based on occupancy as follows:

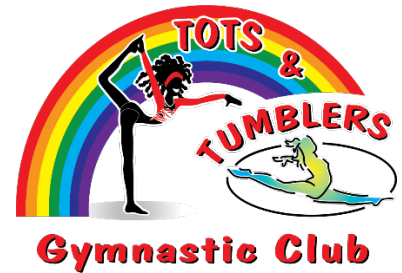
Single: \$170

Double: \$90

Triple: \$75

Quad: \$65

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Upon confirmation of participation, delegations will receive an internet link from the hotel via which accommodation reservations can be made.

Lunch and dinner can be purchased from the hotel's à la carte menu for approximately US\$25 – US\$30 per person, per meal.

The Courtyard by Marriott is next door to the popular Movie Towne entertainment complex, which offers many restaurant and shopping options - <http://www.movietowne.com/>

Proposed Schedule of Events (SUBJECT TO CHANGE!)

Friday 20th March

P.M. – Training sessions available upon request for foreign-based teams & individuals

Saturday 21st March

9:00 a.m. – Level 1

11:30 a.m. – Level 2

2:00 p.m. – Levels 6 – 10

4:30 p.m. – Level 3

Sunday 22nd March

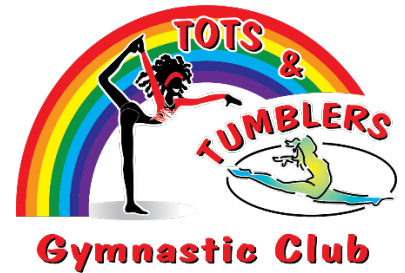
9:00 a.m. – TTGF Pre- Com

11:00 – Levels 4 & 5

2:00 p.m. – Xcel Bronze & Silver

Final Schedule of Events will be published on Friday 6th March

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Venue Admission Prices:

Adults: TT\$40 or US\$5

Children under 12: TT\$20 or US\$3

Adult Weekend Pass: TT\$70 or US\$9

Child Weekend Pass: TT\$30 or US\$5

VIP: TT\$50 per day or US\$7

Venue Refreshments: Food and drink at the venue can be purchased from our fully stocked cafeteria throughout the course of the event. The cafeteria will accept both TT\$ and US\$ at an exchange rate of TT\$7 to US\$1.

Emergency Medical Assistance: An ambulance service will be on site throughout the event. All foreign-based gymnasts are required to have their own international medical insurance. The host club and affiliated personnel are not responsible for any medical expenses that may occur through accident or injury sustained during the event or at the meet venue.

Event Software: The event utilizes ProScore software and scores are displayed, in real time on electronic scoreboards in the competition arena. Scores are published immediately following the end of the event, on www.meetscoresonline.com

Optional Floor Music: Floor music must be given to the Meet Director, in MP3 format on a USB drive upon arrival at the competition venue. The file must contain the gymnast's name, level and current year e.g. Jane Doe Level 6 2020. Alternatively, the music can be emailed, in MP3 format before the event, to the Sound Engineer at randall.douglas@gmail.com with copy to michfrankland@gmail.com.

Other Matters: Matters arising which are not detailed within these directives will be handled by the host club and organizing committee as required. Details and information contained within these Meet Directives are subject to change as necessary.